COVID-19 Household Isolation Protect your family and friends

If you have tested positive for COVID-19 all other people in your household must selfisolate. They must not leave the house for 14 days from the day you first showed symptoms or if you have no symptoms from the day you had the test.

If they then display symptoms, they must start a new 10-day isolation period from the day they first appear. People in the household who remain well after 14 days are unlikely to be infectious.

What happens if someone in your family gets sick?

| Day 01 | Mum | Child 1 | Child 2 | Dad |
|---------------|--|----------------|---------|---------------|
| 02 | Gets sick | | | |
| 03 | triggering | Gets sick and | | |
| 04 | 10-day isolation | starts 10-day | | |
| 05 | for herself and 14 days for her | count | | |
| 06 | family | | | |
| 07 | | | | |
| 08 | | | | |
| 09 | | | | |
| 10 | Isolation ends | | | |
| 11 | | | | |
| 12 | | Isolation ends | | |
| 13 | | Gets sick and | | |
| 14_ | isolation ends | | | starts 10-day |
| 15 | | | | count |
| 16 | Anyone with symptoms should keep at least 2m away from other people in the house | | | |
| 17 | | | | |
| 18 | | | | |
| 19 | If you still have a temperature after 10 days, you should continue to self-isolate, but can go out again if, by then, you only have a cough or loss of taste or smell. | | | |
| 20 | | | | |
| 21 | | | | |
| 22 | | Isolation ends | | |



